

June 4, 2008

Don't forget about the new summer worship schedule...

Starting **June 15th** going through **August 10th** the 9:30 a.m. Traditional service and the 11:00 a.m. Praise service will be swapping places. 9:30 a.m. will be the Praise service and 11:00 a.m. will be the Traditional service.

To Our church family,

Praising God and working for St. Mark's as Worship Leaders has been an amazing journey. We want to give thanks to all the people who have stepped up along the way to help make the Contemporary Worship at St. Mark's what it is today.

After much thought, prayer and consultation, we've asked the Council to relieve us of our duties as Worship Leaders. The Lord has called us to spend more time with our home and business families.

My Father, the Rev. Dr. Frederick Harm, shared this quote, which had meaning to him while he and his twin brother were in the Army. "Only one life, 'twill soon past, only things done in Christ will last." My grandmother was comforted as well by these words in their absence. Our prayer is that we live up to those words. God is not finished with us yet!

We will remain on staff until September, as we would like to participate with a committee in search of our replacement.

*Lovingly in Him,
Bob and Beckie Untiedt*

Staff office hours week of 6/9/08 – 6/13/08

Name	Monday	Tuesday	Wednesday	Thursday	Friday
Pastor Silber	8:30am-10:30am	Pastor by appointment 630-670-8638			
Adriane Nemeth	8:00am-4:00pm	8:00am-4:00pm	8:00am-4:00pm	8:00am-4:00pm	8:00am-4:00pm
Sean McAdams	8:00am-3:00pm	8:00am-3:00pm	8:00am-3:00pm	8:00am-3:00pm	
Dick Sonntag	8:30am-12:00pm				
Bob & Beckie Untiedt	8:45am-11:00am				
Marilyn Cummins		10:00am-12:00pm	10:00am-12:00pm		
Lorilyn Thomas					
Preschool					

Dear Pastor, Prayer Warriors and St. Mark's Family,

Thanks to Pastor for visiting me in the hospital during my recent surgery. Thanks to everyone else for all their prayers, visits, kind thoughts and cards. This congregation is the best! To the Card Ministry, their cards and support over the past several months have helped so much and are deeply appreciated. I felt the strong arms of everyone as I went through a more difficult recuperation this time. God has been so good! Thanks again.

Luv, Carolyn Melka

An Open House Invitation:

Please join us at Lazarus House on Saturday, June 21 from 10:00 AM to 2:00 PM for our Open House. Allow us to take you on a tour of the "Lazarus House Campus". Learn more about us and our mission as you walk through the Emergency Shelter including the Center for Transitional Living, the Women & Children's Day Center and our newest blessing, the "Heaven House," our Outreach Center. Take this opportunity to meet many of our Board Members and staff as you enjoy refreshments. We look forward to seeing you at 214 Walnut St. , St. Charles, IL on June 21st.

OWLS ANNIVERSARY LUNCHEON...

will be held at the Orchard Valley Golf Club on Thursday, July 17, 2008 at 11:30 a.m. The Golf Club in located at the NW corner of Orchard Rd. & Illinois St. in Aurora. There are seven luncheon items to choose from: Sirloin cheeseburger, Fried battered Cod, Orchard chicken sandwich, French Dip, Ham & Swiss Focaccia, Grilled chicken salad and Chicken Caesar salad. The choices listed include a soft drink, coffee, or hot tea and a slice of our Anniversary cake with ice cream. Please choose your favorite and make a check payable to St. Mark's in the amount of \$15.00 per person (includes tax and tip). Deadline for payment is July 1st to Herm & Joan Gruebner. Please sign up on the OWLS bulletin board in the Narthex with your choice of meal.

~~~~~

**Learn How You Can Help With ESL at San Pablo**

**This Sunday, June 8<sup>th</sup> 1 – 3 PM in Luther Hall**

**Iglesia Evangelica Lutheran San Pablo, 555 E. Benton Street, Aurora, IL 60606**

Come to San Pablo to hear how God is working through the English as a Second Language (ESL) program, meet some of the ESL students and Volunteers, and interact with other people who are serving in cross-cultural ministry. This event is being sponsored by CCC - Cross Cultural Conversations, a new organization helping to equip congregations in Northern Illinois to reach out to their neighbors of all cultures.

Come and learn how ESL is an effective way to do outreach, from a congregation that has been successfully doing ESL for more than four years.

- **Please RSVP to Natalie Bishop – director of CCC at [Chicagoism@gmail.com](mailto:Chicagoism@gmail.com) if you will be attending.**
- **If you would like to carpool with those going from St. Mark's this Sunday, please meet Sylvia and Gene Hemmann [630- 584-3359] at 12 noon in the parking lot (east of the fellowship hall). You may want to go to early worship service and have an early lunch beforehand.**

**FROM THE DESK OF THE PARISH NURSE**

**BLOOD PRESSURE SCREENINGS**

When: Sunday June 8<sup>th</sup>

Where: Library

Time: After the 8:00 A.M. & 9:30 A.M. services

Latest thinking on avoiding heart disease

Monounsaturated fats are the hearts best friend: snack on a handful of heart-friendly nuts such as almonds, pecans, peanuts or walnuts.

Vegetables and fruits have fiber and antioxidants that help prevent inflammation in the arteries. Salt is salt whether gourmet or not; decrease or avoid salt altogether. Salt raises your blood pressure.

Doing 30 or more minutes of moderate-intensity exercise such as brisk walking five or more days a week can reduce the possibility of dying from heart disease by 50%, according to Barry Franklin, vice chair of the American Heart Association’s Council on Nutrition. Even small changes such as exercising three times a week for 10 minutes at a time can make a difference.

Memorize and monitor your cholesterol and blood pressure numbers. Blood pressure should be no higher than 120/80. Total cholesterol should be no higher than 200.

Reduce stress levels by developing “happy habits”. Don’t do things because you think you should. This can increase stress levels.

**MARK YOUR CALENDAR: HEARTLAND BLOOD DRIVE at St. Mark’s Saturday June 28<sup>th</sup>, 9:00A.M. – 12:00P.M. in the Fellowship Hall.**

*We do no wrestle against flesh and blood, but against principalities and powers. Eph. 6:12*

*Blessings,*

*Marilyn Cummins, Parish Nurse*

+++++

**Beth Moore Living Proof LIVE Simulcast**

**Fri. 8/1 & Sat. 8/2  
at St. Mark’s**

\* **65 Ladies signed up;** help us reach our goal of **200**; sign up today!

\* **PIE and COOKIES Bake Sale this Sunday, June 8**  
(if you want to donate; please drop off in the kitchen Saturday; thanks)

\* **\$40pp ticket price** extended up until the day of the event!

**EVENT DETAILS:**

Friday (5 – 9pm) & Saturday (7:30am – 12pm), August 1 & 2

- ❖ Be inspired by well-known Bible Teacher Beth Moore in a LIVE SIMULCAST
- ❖ Friday night pasta dinner + dessert
- ❖ Saturday morning continental breakfast
- ❖ Worship and Prayer time
- ❖ Simulcast materials for each attendee

*Let us be like fishers of men;  
invite a friend to sign up today!*

Details & registration form at [www.stmarksstc.org](http://www.stmarksstc.org).  
Questions: Call Adriane 630.584.8638.

**LIBERIA MISSION INFORMATION NIGHT with Joe Boway**

**June 11<sup>th</sup> at 7 p.m.**

Have you ever thought you would like to go to the mission field? God may have planted that desire in your heart. Has the Holy Spirit been nudging you to find out more about going with others from St. Mark's to Liberia this November? We have been supporting the work God has begun in Liberia by praying and helping send many children to school where they learn and experience God's love. Now we have a wonderful opportunity to go and bless the children and their families:

- **to build relationships with the children, parents, teachers and pastors,**
- **to help build cement floors and plaster classroom walls,**
- **to lead a VBS for the children.**

Come to **St. Mark's, Wednesday, June 11<sup>th</sup> at 7 p.m.** to have your questions answered about such things as preparing your heart and mind, a check list of what needs to be taken care of before you leave, how to invite others to help you go (raising funds and prayer partners), just to name a few.

The information night is designed to help aid each person as they pray about going. All are welcome.

**Jesus said, "Let the children come to me. Don't stop them!  
For the Kingdom of Heaven belongs to those who are like these children."**  
Sylvia Hemmann, chairperson, World Missions Committee, 630-584-3359.

## **Jr. High & Senior High**

### **Mission: Possible!**

Those youth who will be attending the Minnesota Trip, there will be a meeting on Wednesday, June 11<sup>th</sup> at 6:00 pm at church to go over more details on the trip. The final cost per person is \$150.00. That cost includes your deposit, so if you turned in a deposit, the balance of your payment is \$100.00. Please call Sean with any questions or concerns.

### **One more thing...**

About the mission trip. If there are any members of the congregation who would be interested in sponsoring a youth member to attend the mission trip this summer, please contact Sean McAdams. This is an exciting opportunity for all of our youth and an amazing way for our youth to share the power and love of our Lord, Jesus Christ to the unreached youth of the Ojibwe Tribe in Minnesota.

### **Senior High Youth Group Summer Time**

The Senior high youth group will meet on the first and last Sunday of the months of June, July, and August. Normal youth group schedules will resume at the beginning of the school year.

### **Bike and Bible**

Bike and Bible will begin on June 11<sup>th</sup>. We will meet at church every Wednesday morning at 11:00 am for a morning of bike riding, bible study and fellowship. Remember to bring a Bible, a sack lunch, your bike, and a water bottle! No Sign up is necessary, and feel free to bring friends. We will finish up by 1:00 pm at the latest.

If you have any questions feel free to give Sean a call Monday- Thursday 8:00 am- 3:00 pm in the church office.

## **Contributions &**

### **Attendance May 31 & June 1**

Saturday, May 31, 5:30 p.m. – 42 (est.)

Sunday, June 1:

8:00 – 75    9:30 – 91    11:00 – 102

Weekend total: 310 (est.)

General Fund: \$ 11,130.00

Specials: \$ 1,031.00

Debt Retirement: \$ 1,596.00

Grand Total: \$ 13,757.00

## **Worship Assistants This Weekend Are:**

Linda Burger, Altar Guild

### **Saturday, June 7 – 5:30 p.m.**

Susan Brown, Organist

Jeff Cheatham, Elder

Jeff Cheatham, Lector

David Eilken, Acolyte

Marge Milton, Greeter

### **Sunday, June 8 — 8:00 a.m.**

Susan Brown, Organist

Mike Albers, Elder

Bob Ulrich, Lector

Kaleb Kirby, Acolyte

Rick Willing, Usher

Bob & Joan Bauer, Greeters ("B")

Maja Christensen, Greeter ("E")

### **Sunday, June 8 — 9:30 a.m.**

Susan Brown, Organist

Not yet staffed, Nursery

Mark Cannon, Elder

Stephanie Olson, Lector

Don Kelm, Usher

Mark & Ann Cannon, Greeters ("B")

Mike & Michi Durkop, Greeters ("E")

### **Sunday, June 8 — 11:00 a.m.**

Not yet staffed, Nursery

Praise Band and Singers

Mike Durkop, Elder

Meg Oetting, Acolyte

Jim Neidlinger, Usher

Randy & Betty Oetting, Greeter ("B")

Charlene Neidlinger, Greeter ("E")

Danielle Engel, Amanda Engel & Dave Jeziorski, Tech Team